

Sport - Year 10



Autumn (Michaelmas) Term

What we are learning...

Unit 2 - Practical Sport -Skills and Tactics

Unit 2 - Practical Sport - Roles of Officials

Consolidation

Watch - <u>BTEC PE - UNIT 2</u> <u>Learning Aim B - SKILLS AND</u> <u>TACTICS - YouTube</u>

Watch - <u>BTEC PE - UNIT 2</u> <u>Learning Aim A - RULES AND</u> REGULATIONS - YouTube

Deepen & Challenge

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Think about your favorite sport. Create a list of the 10 most important rules

Spring (Lent) Term

What we are learning...

Unit 2 - Practical Sport - analysis

Unit 6 - Sports Leadership

Consolidation

Watch - <u>BTEC PE - Unit 2</u> <u>Learning Aim C - ANALYSIS -</u> YouTube

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Deepen & Challenge

Create your own observation analysis sheet - <u>Observation</u> <u>checklists (loucoll.ac.uk)</u>

Identify three successful sports leaders and summarise why you think they are successful

Summer (Trinity) Term

What we are learning...

Unit 6 - Sports Leadership
- Planning a successful
session

Unit 6 - Sports Leadership - Personal development

Consolidation

Watch - <u>Liverpool F.C. - Full</u>

<u>Warm Up Before UCL / by</u>

Jürgen Klopp(2022) - YouTube

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Deepen & Challenge

Create your own warm up for any chosen sport

Research different governing bodies for courses that will help improve you as a sports coach

England Netball | Coaching Courses & Workshops